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# "Nonviolence and Racial Justice"

6 February 1957 Chicago, Ill.

On 26 November 1956 King submitted an article on nonviolence to Christian Century, a liberal weekly religious magazine. In his cover letter to editor Harold Fey, King noted that "it has just been within the last few days that I have been able to take a little time off to do some much needed writing. If you find it possible to publish this article, please feel free to make any suggestions concerning the content." He added that the journal's "sympathetic treatment" of the bus boycott had been of "inestimable value." On 31 January Fey thanked King for the "excellent" article, and he featured it as the main essay in an issue devoted to race relations. Drawing from his many speeches on the topic, King provides here a concise summary of his views regarding nonviolent resistance to segregation.

It is commonly observed that the crisis in race relations dominates the arena of American life. This crisis has been precipitated by two factors: the determined resistance of reactionary elements in the south to the Supreme Court's momentous decision outlawing segregation in the public schools, and the radical change in the Negro's evaluation of himself. While southern legislative halls ring with open defiance through "interposition" and "nullification," while a modern version of the Ku Klux Klan has arisen in the form of "respectable" white citizens' councils, a revolutionary change has taken place in the Negro's conception of his own nature and destiny. Once he thought of himself as an inferior and patiently accepted injustice and exploitation. Those days are gone.

The first Negroes landed on the shores of this nation in 1619, one year ahead of the Pilgrim Fathers. They were brought here from Africa and, unlike the Pilgrims, they were brought against their will, as slaves. Throughout the era of slavery the Negro was treated in inhuman fashion. He was considered a thing to be used, not a person to be respected. He was merely a depersonalized cog in a vast plantation machine. The famous Dred Scott decision of 1857 well illustrates his status during slavery. In this decision the Supreme Court of the United States

<sup>1.</sup> For *Christian Century* articles supportive of the boycott see Harold Fey, "Negro Ministers Arrested," 7 March 1956, pp. 294–295; "National Council Commends Montgomery Ministers," 14 March 1956, p. 325; and "Segregation on Intrastate Buses Ruled Illegal," 28 November 1956, p. 1379.

<sup>2.</sup> King's draft of the article has not been located; the extent of Fey's editing of it is therefore unknown. The previous September, Bayard Rustin had sent King a memorandum on the Christian duty to oppose segregation and urged him to send "something similar" to *Christian Century* (Rustin to King, 26 September 1956, in *Papers* 3:381-382).

<sup>3.</sup> In a 26 November 1957 letter to Dolores Gentile of King's literary agency, Fey agreed to reassign the article's copyright to allow King use of the material for his book on the bus boycott, *Stride Toward Freedom*. Much of the article's substance, especially King's discussion of the "Alternative to Violence" appeared in the book (see *Stride*, pp. 102–107). Note also the parallels between this article and King's 27 June 1958 speech, "Nonviolence and Racial Justice," delivered at the AFSC general conference in Cape May, New Jersey; it was published in the 26 July 1958 issue of *Friends Journal*.

said, in substance, that the Negro is not a citizen of the United States; he is merely property subject to the dictates of his owner.

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After his emancipation in 1863, the Negro still confronted oppression and inequality. It is true that for a time, while the army of occupation remained in the south and Reconstruction ruled, he had a brief period of eminence and political power. But he was quickly overwhelmed by the white majority. Then in 1896, through the Plessy v. Ferguson decision, a new kind of slavery came into being. In this decision the Supreme Court of the nation established the doctrine of "separate but equal" as the law of the land. Very soon it was discovered that the concrete result of this doctrine was strict enforcement of the "separate," without the slightest intention to abide by the "equal." So the Plessy doctrine ended up plunging the Negro into the abyss of exploitation where he experienced the bleakness of nagging injustice.

### A Peace That Was No Peace

Living under these conditions, many Negroes lost faith in themselves. They came to feel that perhaps they were less than human. So long as the Negro maintained this subservient attitude and accepted the "place" assigned him, a sort of racial peace existed. But it was an uneasy peace in which the Negro was forced patiently to submit to insult, injustice and exploitation. It was a negative peace. True peace is not merely the absence of some negative force—tension, confusion or war; it is the presence of some positive force—justice, good will and brotherhood.

Then circumstances made it necessary for the Negro to travel more. From the rural plantation he migrated to the urban industrial community. His economic life began gradually to rise, his crippling illiteracy gradually to decline. A myriad of factors came together to cause the Negro to take a new look at himself. Individually and as a group, he began to re-evaluate himself. And so he came to feel that he was somebody. His religion revealed to him that God loves all his children and that the important thing about a man is "not his specificity but his fundamentum," not the texture of his hair or the color of his skin but the quality of his soul.

This new self-respect and sense of dignity on the part of the Negro undermined the south's negative peace, since the white man refused to accept the change. The tension we are witnessing in race relations today can be explained in part by this revolutionary change in the Negro's evaluation of himself and his determination to struggle and sacrifice until the walls of segregation have been finally crushed by the battering rams of justice.

### Quest for Freedom Everywhere

The determination of Negro Americans to win freedom from every form of oppression springs from the same profound longing for freedom that motivates oppressed peoples all over the world. The rhythmic beat of deep discontent in Africa and Asia is at bottom a quest for freedom and human dignity on the part of people who have long been victims of colonialism. The struggle for freedom

6 Feb 1957 on the part of oppressed people in general and of the American Negro in particular has developed slowly and is not going to end suddenly. Privileged groups rarely give up their privileges without strong resistance. But when oppressed people rise up against oppression there is no stopping point short of full freedom. Realism compels us to admit that the struggle will continue until freedom is a reality for all the oppressed peoples of the world.

Hence the basic question which confronts the world's oppressed is: How is the struggle against the forces of injustice to be waged? There are two possible answers. One is resort to the all too prevalent method of physical violence and corroding hatred. The danger of this method is its futility. Violence solves no social problems; it merely creates new and more complicated ones. Through the vistas of time a voice still cries to every potential Peter, "Put up your sword!" The shores of history are white with the bleached bones of nations and communities that failed to follow this command. If the American Negro and other victims of oppression succumb to the temptation of using violence in the struggle for justice, unborn generations will live in a desolate night of bitterness, and their chief legacy will be an endless reign of chaos.

#### Alternative to Violence

The alternative to violence is nonviolent resistance. This method was made famous in our generation by Mohandas K. Gandhi, who used it to free India from the domination of the British empire. Five points can be made concerning nonviolence as a method in bringing about better racial conditions.

First, this is not a method for cowards; it *does* resist. The nonviolent resister is just as strongly opposed to the evil against which he protests as is the person who uses violence. His method is passive or nonaggressive in the sense that he is not physically aggressive toward his opponent. But his mind and emotions are always active, constantly seeking to persuade the opponent that he is mistaken. This method is passive physically but strongly active spiritually; it is nonaggressive physically but dynamically aggressive spiritually.

A second point is that nonviolent resistance does not seek to defeat or humiliate the opponent, but to win his friendship and understanding. The nonviolent resister must often express his protest through noncooperation or boycotts, but he realizes that noncooperation and boycotts are not ends themselves; they are merely means to awaken a sense of moral shame in the opponent. The end is redemption and reconciliation. The aftermath of nonviolence is the creation of the beloved community, while the aftermath of violence is tragic bitterness.

A third characteristic of this method is that the attack is directed against forces of evil rather than against persons who are caught in those forces. It is evil we are seeking to defeat, not the persons victimized by evil. Those of us who struggle against racial injustice must come to see that the basic tension is not between races. As I like to say to the people in Montgomery, Alabama: "The tension in this

city is not between white people and Negro people. The tension is at bottom between justice and injustice, between the forces of light and the forces of darkness. And if there is a victory it will be a victory not merely for 50,000 Negroes, but a victory for justice and the forces of light. We are out to defeat injustice and not white persons who may happen to be injust."

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A fourth point that must be brought out concerning nonviolent resistance is that it avoids not only external physical violence but also internal violence of spirit. At the center of nonviolence stands the principle of love. In struggling for human dignity the oppressed people of the world must not allow themselves to become bitter or indulge in hate campaigns. To retaliate with hate and bitterness would do nothing but intensify the hate in the world. Along the way of life, someone must have sense enough and morality enough to cut off the chain of hate. This can be done only by projecting the ethics of love to the center of our lives.

# The Meaning of 'Love'

In speaking of love at this point, we are not referring to some sentimental emotion. It would be nonsense to urge men to love their oppressors in an affectionate sense. "Love" in this connection means understanding good will. There are three words for love in the Greek New Testament.<sup>5</sup> First, there is *eros*. In Platonic philosophy *eros* meant the yearning of the soul for the realm of the divine. It has come now to mean a sort of aesthetic or romantic love. Second, there is philia. It meant intimate affectionateness between friends. Philia denotes a sort of reciprocal love: the person loves because he is loved. When we speak of loving those who oppose us we refer to neither *eros* nor *philia*; we speak of a love which is expressed in the Greek word agape. Agape means nothing sentimental or basically affectionate; it means understanding, redeeming good will for all men, an overflowing love which seeks nothing in return. It is the love of God working in the lives of men. When we love on the agape level we love men not because we like them, not because their attitudes and ways appeal to us, but because God loves them. Here we rise to the position of loving the person who does the evil deed while hating the deed he does.6

Finally, the method of nonviolence is based on the conviction that the universe is on the side of justice. It is this deep faith in the future that causes the nonviolent resister to accept suffering without retaliation. He knows that in his struggle for justice he has cosmic companionship. This belief that God is on the side of truth and justice comes down to us from the long tradition of our Christian faith. There is something at the very center of our faith which reminds us that Good Friday may reign for a day, but ultimately it must give way to the triumphant beat of the Easter drums. Evil may so shape events that Caesar will occupy a palace and

<sup>5.</sup> While the Greek language has three words for love, eros does not appear in the Greek New Testament.

<sup>6.</sup> Cf. Fosdick, On Being Fit to Live With: Sermons on Post-war Christianity (New York: Harper & Brothers, 1946), pp. 16-17.

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Christ a cross, but one day that same Christ will rise up and split history into A.D. and B.C., so that even the life of Caesar must be dated by his name. So in Montgomery we can walk and never get weary, because we know that there will be a great camp meeting in the promised land of freedom and justice.<sup>7</sup>

This, in brief, is the method of nonviolent resistance. It is a method that challenges all people struggling for justice and freedom. God grant that we wage the struggle with dignity and discipline. May all who suffer oppression in this world reject the self-defeating method of retaliatory violence and choose the method that seeks to redeem. Through using this method wisely and courageously we will emerge from the bleak and desolate midnight of man's inhumanity to man into the bright daybreak of freedom and justice.

PD. Christian Century 74 (6 February 1957): 165-167.

<sup>7.</sup> In a similar discussion in *Stride Toward Freedom*, King included an additional element of nonviolence: "The nonviolent resister is willing to accept violence if necessary, but never to inflict it. He does not seek to dodge jail.... Suffering, the nonviolent resister realizes, has tremendous educational and transforming possibilities" (p. 103).